

Shalaine (Shae) L. Sackman

pronounced: "sha-lane" - pronouns: they/them

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Education

Campion College at the University of Regina - Regina, Saskatchewan, Canada

Honours Bachelor of Arts - Philosophy (2019 - Present)

Supervised by Dr. Anna Mudde

Program GPA 4.0 (87.00%) / Overall GPA 3.7 (86.66%)

Honours Bachelor of Arts - Psychology (2019 - Present)

Supervised by Dr. Bridget Klest

Program GPA 3.7 (85.66%) / Overall GPA 3.7 (86.41%)

Publications

McPhetres, J., O'Mahony, A., Pomareda, C., Smithson, C., **Sackman, S. L.**, Primbs, M., ...
Chow, E. (2021). A decade of theory as reflected in *Psychological Science* (2009-2019). *PLoS ONE* 16(3): e0247986. <https://doi.org/10.1371/journal.pone.0247986>

Conferences & Presentations

Sackman, S. L. (2021, November 9-10). "*Who's calling? Review of the Regina Sexual Assault Crisis Line* [Abstract presentation]. From Awareness to Action – Supporting Systemic Responses to Sexual Violence, Regina, SK, Canada.

Sackman, S. L. (2021, March 12-13). "*We get to feel small / but not out of place at all*": *Space and place in comics* [Paper presentation]. Trash Talkin' 2021 at the University of Regina, Regina, SK, Canada.

Academic Awards & Honours

NSERC Undergraduate Student Research Award - Summer 2022

Mr. K. L. Kwong Memorial Scholarship in Ethics - 2021 Fall - \$3,900

Academic Silver Prize - Fall 2021 - \$500

Anton Xuereb Memorial Senior Scholarship - Fall 2021 - \$1200

Department of Philosophy and Classics Scholarship - Winter 2021 - \$1,000

Jim & Elizabeth Ottley Award - Fall 2020 - \$2,750

City of Regina Henry Baker Scholarship - Fall 2020 - \$2,000

C.D. Howe Mature Student Achievement Award for Excellence - Winter 2020 - \$5,050
W.C. Blight Mature Admissions Scholarship - Fall 2019 - \$1,425
Dean's Honour List - 2019, 2020, 2021

Research Experience

University of Regina - Regina, Saskatchewan, Canada

Lab Volunteer - Social Context, Health, & Trauma Lab

Principal Investigator - Dr. Bridget Klest - 2021 - Present

- Developed rationale, processes, and documentation on positioning psychological research findings from the lab in plain language for the public with a focus on accessibility.
- Trained a small group of volunteers on the summary process.
- Developed a more accessible, mobile-friendly website.
- Attended lab meetings, provided feedback on ongoing research.

Student Research Assistant - Depression, Cognition, & Culture Lab

Principal Investigator - Dr. Shadi Beshai - January 2021 - December 2021

- Assessed participant eligibility for an online mindfulness intervention using the PDSQ, MDQ, AUDIT, DUDIT and PHQ-9.
- Performed the suicide risk assessment protocol that was developed for participants.
- Generated individual depression prevention plans based on data collected from participants.

Lab Volunteer - Depression, Cognition, & Culture Lab

Principal Investigator - Dr. Shadi Beshai - March 2020 - December 2020

Lab Volunteer - The Behavioural Science Lab

Principal Investigator - Dr. Gordon Pennycook, Dr. Jon McPhetres - 2019 - 2020

- Worked with a team to develop a framework to test piloerection and strong positive emotions.
- Ran participants with the developed procedures, conducted debriefings, coded and interpreted video data, contributed to lab meetings.

Teaching Experience

University of Regina - Regina, Saskatchewan, Canada

Teaching Assistant, Department of Philosophy and Classics - 2019 - Present

Introduction to Philosophy 100 - Dr. Dustin Olson, Dr. David Elliott, Prof. Eric Hanna, Dr. Shannon Dea

Relevant Work Experience

Operational Services Coordinator - Saskatchewan Public Safety Agency, November 2021 - Present

- Data analysis and process development under extreme deadlines in the Provincial Emergency Operations Center.
- Developed methods, policies, and logistics to distribute rapid antigen testing kits for the COVID-19 pandemic to the public of Saskatchewan.
- Collected, organized, and analyzed, data for internal, provincial, and federal reports.

Student Program Evaluator - Regina Sexual Assault Centre - September 2021 - January 2022

- Performed a program evaluation on the RSAC's sexual assault crisis line to investigate if the program was meeting its stated purpose.
- Analyzed 768 client calls over a number of years using a framework developed to determine key features.
- Produced a report for the organization speaking to the results of the research.

Technical Editor - *The Carillon* at the University of Regina, August 2020 - Present

- Content management, online publication, social media design, and website development.
- Technical documentation, server administration/management, analytics, hardware maintenance, and IT support for all staff.
- Wrote articles on short notice as needed.

Freelance Web Developer - 2006 - Present

- Design, implementation, and maintenance of websites with a focus on the nonprofit sector and accessibility practices.

Cross-Media Programmer - Firespring, Lincoln, Nebraska - 2008 - 2014

- Developed a cross-media implementation using XMPIe. Included learning their proprietary programming languages, SQL, and C# to interact with not only the programs, but to advise IT staff, salespeople, customer service, designers, and clients as to best practices and strategy.
- Created cross-media workflows, product offerings, training and quality assurance practices to support, program, and maintain projects across two companies. Created

design and content standards for print, web, and video, developed quality assurance processes, technical documentation, and testing approaches.

Technical Skills

Research Skills

Data analysis and organization, technical documentation, Qualtrics, SPSS, R, MATLAB, PsychoPy, jsPsych, advanced Excel skills

Programming/Web Development

HTML/CSS/JS, PHP, SQL, C#, Python, Ruby, design integration into content management systems (WordPress, Squarespace, proprietary platforms), SEO, social media content development and management

Multimedia Skills

Variable Data Document Development (print and digital), XMPie Cross Media Suite (uPlan, uProduce, uCreateXM, uDirect), Adobe Creative Suite (Photoshop, Illustrator, InDesign, Lightroom, Premiere, After Effects)

Institutional Service

University of Regina - Regina, Saskatchewan, Canada

Faculty of Arts Associate Dean's Search Committee - Undergrad Representative, 2021
Faculty of Arts Council - Student Representative, 2020-2021
University of Regina Students' Union - HR Committee, 2020-2021
Department of Philosophy & Classics - Search and Hiring Committees, 2019-2020
UR Pride Center for Sexuality & Gender Diversity - Board Member, 2019-2020

Volunteer Experience & Community Outreach

President, University of Regina Psychology Students' Association, 2020-2022
President, Alpha Sigma Nu of Campion College, 2021-2022
Managing Editor, University of Regina Undergraduate Research Journal, 2021-2022
Vice President, Alpha Sigma Nu of Campion College, 2020-2021
Vice-Chair, City of Regina Accessibility Committee, 2019-2020

Training & Certifications

July 2021 - Inquiring Minds Post-Secondary - Mental Health Commission of Canada

September 2019 - TCPS 2: CORE

September 2019 - First Responder to Sexual Assault & Abuse Training - Regina Sexual Assault Center

November 2019 - safeTALK - LivingWorks

Professional Affiliations

Member, Alpha Sigma Nu Jesuit Honor Society

Student Member, Canadian Psychological Association

Student Member, American Philosophical Association

Student Member, International Society for Traumatic Stress Studies